**‘Your guide to flying**

**with a disability’**

2nd March 2017 (10am until 3pm)

**Queen Elizabeth Foundation Mobility Services, Surrey SM5 4AW**

We invite you to join us for a **practical session** to learn how to make your journeys by air as smooth as possible.

The day is suitable for **individual travellers, parents of disabled children, and assisting health professionals** who are considering flying.

With industry experts we guide you through the whole journey by air, from booking to arrival at your destination to reduce stress and make your journey comfortable.

A replica aircraft cabin is central to the day and available for you to **see and try seating and transfer equipment.**

The ‘guide to flying’ session will cover:

**Booking, insurance, safe carriage of your wheelchair, being fit to fly & medicines, hiring equipment abroad, check in & security, boarding the aircraft, managing challenging behaviours, aircraft seating, airport facilities, hidden disabilities & using the toilet.**

**Places are limited and booking is essential to secure a place**

For more information email: **marion.dmoirah@qef.org.uk**

or call: **020 8770 1151**

[www.tryb4ufly.org.uk](http://www.tryb4ufly.org.uk)

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| 10.00am | **Welcome and Introductions (Keynote speakers to be announced)** | |
| 10.15 – 10.50am | **Booking** | * Being fit to fly – what does this mean? * Selecting the destination that’s right for you * Insurance – what do I need to consider? * Booking your flight and requesting special assistance * Information on charities that can support your journey |
| **Comfort Break** | | |
| 11.10 – 11.40am | **Arrival at the airport** | * Requesting assistance on the day * Car parking and making the most of your blue badge * What equipment can you take free of charge? * Using your wheelchair at the airport – a guide * Support for passengers with hidden disabilities |
| 11.50 – 12.30pm | **Boarding the aircraft** | * How do I actually board the aircraft? * Learn about the safe storage of your wheelchair * What are the transfer options available? * What happens to my wheelchair? * How do I find out how much space there is? |
| **Lunch** | | |
| 1.15 – 1.50pm | **In the cabin** | * Seating support options and availability * Using the toilet, managing continence * Legroom and seating locations * Managing challenging behaviours * Ensuring your wheelchair is available before you land * Planning your onward journey and return trip home. |
| 2.00 – 2.30pm | **Looking ahead** | * The campaigns and new products that are being explored to support disabled people to fly on commercial aircraft. * The improvements being made within the airport environment to help your assistance journey. |
| **Comfort break and questions, all speakers and representatives will be available until 3pm.** | | |